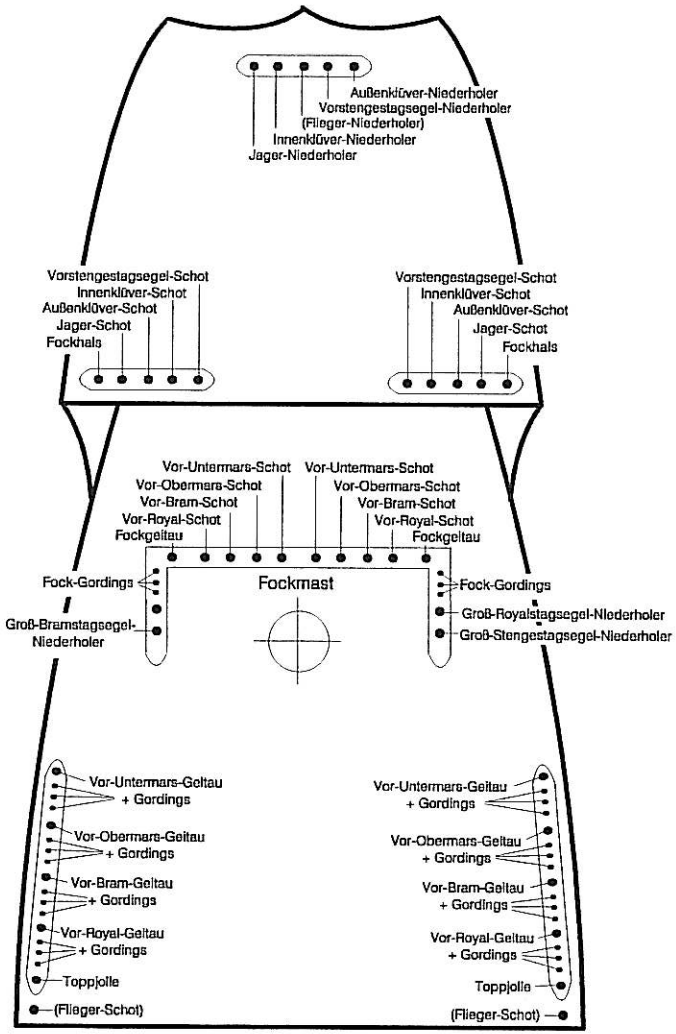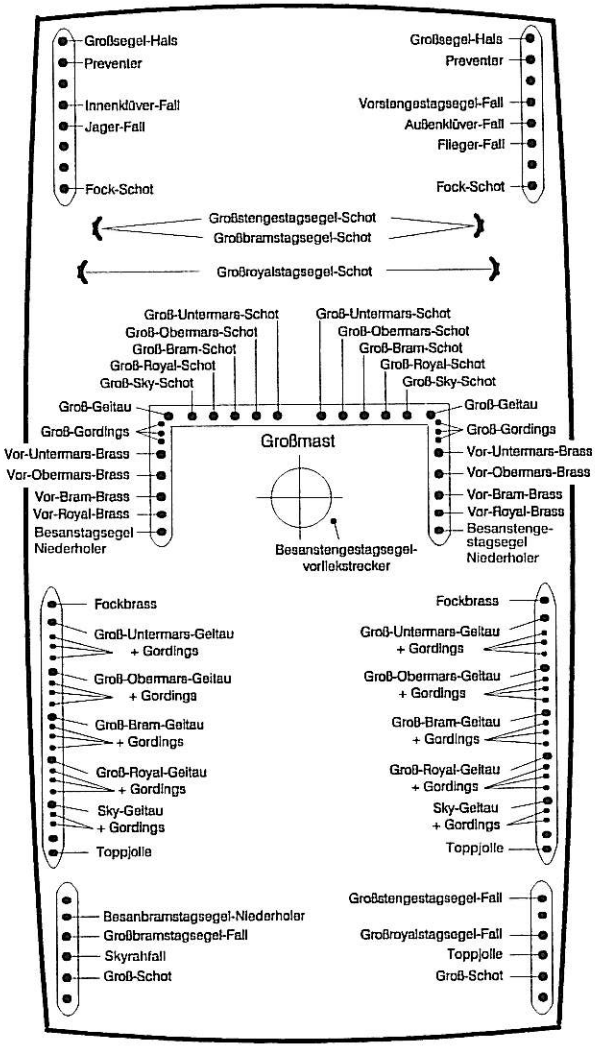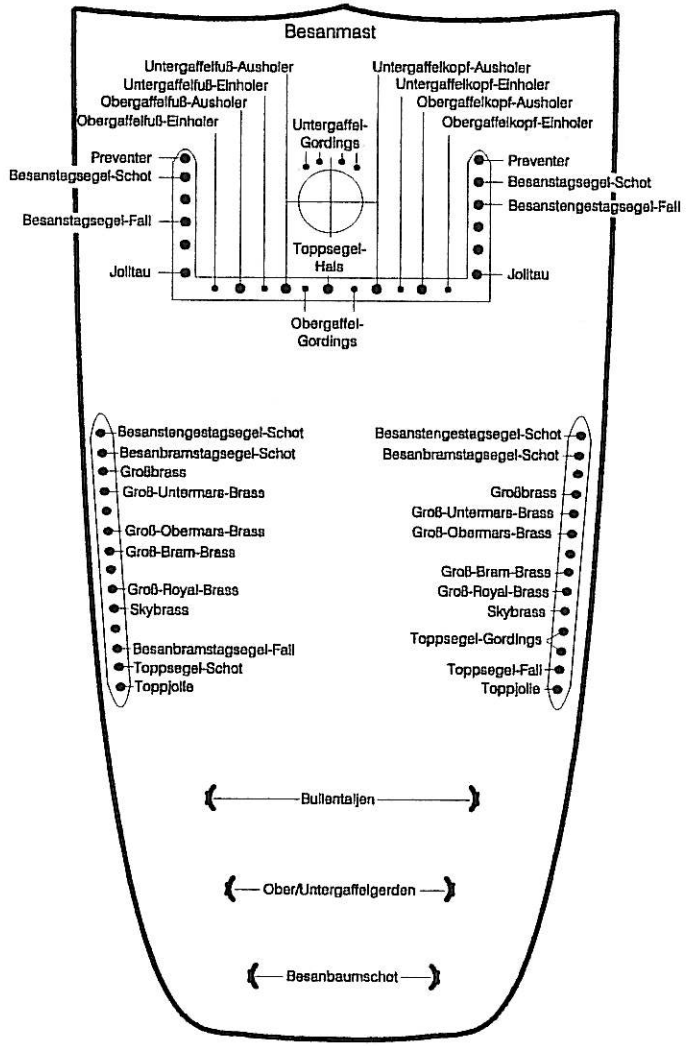Tampenbeleg-Plan „Alexander von Humboldt“